# Here are some Organizations that You can Turn to for Mental Health and Substance Abuse Services

#### **Emergency services-**

911

Advocates Emergency Line- helps families obtain emergency services and psychiatric services (508)872-3333

Samaratis Suicide Hotline (508)875-4500

Massachusetts Substance Abuse Referral Helpline (800) 327-5050

211- Like a 411 for community services and will list all agencies

<u>Food and Clothing:</u> your local food pantry, your local church, Good Will Stores, YMCA, Red Cross, Project Bread, Salvation Army, Span Inc

## For Mental Health Services, Family, and Independent Learning Services:

Bamsi,- HIV, counseling, Hep C, Community Based Flexible Support Worker, Housing (508)580-8700

Advocates Inc.- developmental delays, crisis, counseling, in home therapy

(508) 628-6300

Riverside Community Care –have special schools, counseling, afterschool programs, mental health respite programs, brain injury program, Substance Abuse, Mental Health Issues, Clubhouse job training (781)329-0909

The Home for Little Wanderers- Foster care, Respite for adolescents, adoption and family support (671)267-3700

Bournewood Health Systems- Substance abuse center, inpatient and ambulatory systems

Justice Resource Institute- services for children adult and family, Mental health and substance abuse services. Locations are in Needham or Framingham. (781)559-4900

Edinburg Center-Adult, child and adolescent mental Health issues, Developmental Disabilities, help with employment and Community Based Flexible Support Specialist. (781)862-3600

Judge Rotenberg Center- Residential school for developmental issues located in Canton, MA

(781) 828-2202

Wayside Youth and Family-Mobile crisis, residential, special education, parenting help, trauma, rape, partial hospitalization (508)478-6888

Quincy Community Action Program- energy assistance, fuel assistance, housing, money management, food and nutritional services (617) 479-8181

Bay State Community Services- Children mental health, residential assistance, home based therapy, outpatient therapy (671)471-8400

Community Counseling of Bristol County- acute care, adult day health, rehab and recovery services, services for elders, HIV services, Substance abuse services, DUI classes, In home therapy. School services, emergency psychiatry, partial hospitalization services (508)823-5400 Arbour Counseling Services-counseling services state wide. They also take state insurance. South Bay Mental Health- trauma institute, children behavioral health, early intervention services.

508-427-5362 or 1-800-244-4691

May Institute- Outpatient counseling services, brain injury services, Autism school in Randolph, MA, and military family services. (781)440-0400

#### Places that help out with Substance Abuse Family Intervention Program-

High Point Treatment Center- substance abuse centers in Taunton, Brockton, Plymouth, New Bedford. Sectioned 35 facility for adolescents, women and men. They also have a TSS South Middlesex Opportunity Council- fuel assistance, housing, homeless, financial, Mental health and Substance Abuse outpatient counseling, halfway houses (508)872-4853 Bay Cove- Substance Abuse programming(s), a school based behavioral academy ages 12-21. Therapy day school, Developmental delays, family services, and senior services. They also have a TSS for substance Abuse Service (617)371-3000

Genesis Counseling Services- Substance Abuse Services in Framingham, MA. This is religious based. (508)620-2992

Victory Programs- Housing near Boston, HIV and Substance abuse housing (617)541-0222

Institute for Health and Recovery- Substance abuse services and tobacco prevention in Cambridge, MA (671)661-3991

Norcap- detox and rehabilitation for substance abuse services located in Foxborough, MA (508)543-1873

Community Resources for Justice- helps ex-offenders coming out of jail or prison. Also have Halfway Houses. Helps at risk youth as well.

617-423-2020

Aftercare Resource Referral List

Spectrum Health Systems- Substance Abuse Services, detoxes, TSS. There is one in

Marlborough and Worcester. They also do programming(s) in jails.

Luk Crisis Center Inc. (978)345-0685 www.luk.org

Phoenix Houses of New England (413)739-2440 www.phonixhouse.org

North Suffolk Mental Health (888)294-7802 www.northsuffolk.org

### **Female Residential Programs:**

Highland Grace house in Worcester, MA

www.communityhealthlink.org

Male Residential Programs:

Lahey Health in Danvers, MA

www.nebhealth.org

Phoenix Academy in Springfield, MA

www.phoenixhouse.org

**Stabilization Units:** 

Motivating Youth Recovery

(508)860-1244

www.communityhealthlink.org

Aftercare Resource Referral List
Clean and Sober Teens Living Empowerment
(508) 638-6000
www.hptc.org/home.php
Recovery High Schools:
William J. Ostiguy High School
19 Temple Place Boston, MA 0211
(617)348-6070
www.bostonabcd.org
North Shore Recovery High School
502 Cabot St Beverly, MA 01915
(978) 922-3305
www.sedu.org
Liberty Preparatory Academy

334 Franklin St Springfield, MA 01104

(413)750-2484

www.ps.springfield.ma.us

Independence Academy

Aftercare Resource Referral List

460 Belmont St Brockton, MA 002301

www.northriver.org

Any questions on youth services- the hotline is

(617)661-3991 (866)705-2807 www.healthrecovery.org

#### Hospitals to turn to be evaluated or if you feel harmful to yourself or others:

Worcester Hospital, Pembrook Hospital, Norwood Hospital, Mass General Hospital, Mcleans Hospital, Beth Israel Deaconess Hospital, Taunton State Hospital, Bridgewater State Hospital, Arbour Hospitals, Adcare Hospital, Austen Riggs Center, Human Resource Institute Hospital, Northampton Veteran Affairs Medical Center, Providence Behavioral Health Hospital, The Trauma Center, Providence Behavioral Health Hospital, Milford Hospital, Beth Israel Deaconess Hospital Centers,

#### **State Agencies that can help you:**

Department of Veteran Affairs, Department of Revenue, Department of Developmental Disabilities, Department of Mental Health, Office of Disability, Office of Social Security, Department of Transitional Assistance, Mass Health Connector